

Speaker:

Dr Mikel Gray, Nurse Practitioner/Professor; University of Virginia & Editor-in-Chief, Journal of Wound, Ostomy, Continence Nursing

Title of Presentation:

Erectile Dysfunction in the 21st Century: Progress and Ongoing Challenges

Introduction / Objective of presentation:

Erectile Dysfunction (ED) is defined as the inability to achieve or sustain adequate penile tumescence or rigidity sufficient for sexual performance. It is a prevalent problem, affecting approximately 7% of British men between 55 and 60 years and 22% between ages 66 and 70 years.

Our knowledge of the pathophysiology of ED has increased dramatically over the past 2 decades, finally overturning the artificial distinction between “organic” and “psychological” factors as etiologic factors. The discovery of nitric oxide as the primary neurotransmitter responsible for penile erections, combined with the emergence of the phosphodiesterase inhibitor drugs has led to the development of the first effective oral medications and the shift of ED care from specialists service to primary care clinic and community. Further research has also revealed that erectile dysfunction acts as a harbinger for evolving endothelial disease, and it is closely related to lower urinary tract symptoms via mechanisms that are not yet understood.

Despite these impressive advancements, formidable challenges remain related to the optimal assessment and management of ED. For example, slightly less than half of all men with ED never seek care, and younger men are paradoxically even less likely to seek care than are older males. In addition, effective management of men with ED must address persistent myths that sexual activity, for men, is a purely mechanical act divorced from a context of intimacy.

Learning outcomes:

This presentation will summarize current knowledge about ED, focusing on nursing’s essential contribution to its evaluation and management.

Speakers:

Joanne Magnall

Continence Specialist Rotherham PCT

Sue Hall (formerly Brown)

Formerly Senior Continence Advisor now retired. Independent continence specialist.

Title of presentation:

Dignified approaches to an undignified condition – Continence care in the older person

Introduction / Objective of presentation:

Incontinence - It's still a taboo subject, yet 1 in 4 women have this symptom. It's often not seen as a priority to nurses as it's not seen as life threatening. However incontinence for those that experience it can affect their whole life. It has a huge psychological effect, dependency on others to help with an intimate function can be devastating. It can be the reason why older people enter residential care. It can be the cause of social isolation, elder abuse and a be a symptom of a potential life threatening condition.

Incontinence isn't usually the headline grabber but current media attention on the C Difficile outbreaks has highlighted reports of poor nursing practice around elimination and the accountability of nurses in ensuring privacy, dignity and basic human needs in nursing practice.

What would **WE** wish for our old age or that of our families if we or they were incontinent?

What we as practitioners put into our practice lays the foundations for the continence care we would like ourselves.

Curing or managing incontinence is a challenge for practitioners, it doesn't usually happen overnight, and it needs a pragmatic and common sense approach, tenacity and the desire to provide a service we would wish for ourselves.

Method:

In this workshop we want to provide you with:-

- Consider continence within a caring culture.
- Consider continence promoting strategies that are not high tech.
- A focus on respect & dignity for the patients/residents you care for
- Consider the consequences of nursing actions in relation to continence

Learning outcomes:

We want it to be a stimulating interactive session to wet your appetite for learning more about curing and managing incontinence. There will be demonstrations, videos, discussions What more could you want from a workshop!

For more information about Continence UK, please visit: www.continence-uk.com