

Speakers:

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Formerly Senior Continence Advisor now
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Title of presentation:

Dignified approaches to an undignified condition – Continence care in the older person

Introduction / Objective of presentation:

Incontinence - It's still a taboo subject, yet 1 in 4 women have this symptom. It's often not seen as a priority to nurses as it's not seen as life threatening. However incontinence for those that experience it can affect their whole life. It has a huge psychological effect, dependency on others to help with an intimate function can be devastating. It can be the reason why older people enter residential care. It can be the cause of social isolation, elder abuse and a be a symptom of a potential life threatening condition.

Incontinence isn't usually the headline grabber but current media attention on the C Difficile outbreaks has highlighted reports of poor nursing practice around elimination and the accountability of nurses in ensuring privacy, dignity and basic human needs in nursing practice.

What would **WE** wish for our old age or that of our families if we or they were incontinent?

What we as practitioners put into our practice lays the foundations for the continence care we would like ourselves.

Curing or managing incontinence is a challenge for practitioners, it doesn't usually happen overnight, and it needs a pragmatic and common sense approach, tenacity and the desire to provide a service we would wish for ourselves.

Method:

In this workshop we want to provide you with:-

- Consider continence within a caring culture.
- Consider continence promoting strategies that are not high tech.
- A focus on respect & dignity for the patients/residents you care for
- Consider the consequences of nursing actions in relation to continence

Learning outcomes:

We want it to be a stimulating interactive session to wet your appetite for learning more about curing and managing incontinence. There will be demonstrations, videos, discussions What more could you want from a workshop!