

Speakers:

Professor Grace Dorey
Consultant Physiotherapist

Somerset Nuffield Hospital
Extended Scope Practitioner Physiotherapist
North Devon District Hospital, Barnstaple

Jane Dixon MCSP
Clinical Lead Physiotherapist &
ESP
Peterborough District Hospital

Title of Presentation:

Pelvic Floor Masterclass - Looking up the Male Pelvic Floor/ The Female Pelvic Floor: is your finger really doing the talking?

Introduction / Objective of presentation:

This presentation aims to demonstrate the correct assessment and treatment for male urinary incontinence and will inform delegates of up to date, advanced assessment techniques for female pelvic floor dysfunction, including functional rehabilitation.

Method:

This presentation describes the anatomy and physiology of the male pelvic components. It explains why urinary incontinence occurs and demonstrates the assessment and conservative treatment for stress urinary incontinence, urge urinary incontinence and post-micturition dribble using pelvic floor exercises, urge suppression techniques and the correct advice. For the female pelvic floor, the presentation will include revision of the anatomy, the continence mechanism, cylinder of stability, palpation and treatment techniques, and documentation of findings etc. Up to date references will be signposted where applicable. The presentation will include an overview of the use of dynamic ultrasound imaging as part of the assessment and treatment protocol.

Learning outcomes:

At the end of this presentation delegates should understand the correct assessment techniques and treatment for men with urinary incontinence based on relevant research and should understand how to carry out an accurate, advanced assessment of the female pelvic floor, be able to improve their clinical reasoning, and challenge their own treatment rationale.

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