

# RESOURCE ROUND-UP

**This resource round-up aims to bring together relevant and up-to-date information, from journals and the internet, which may be of use to any healthcare professional who works in the field of continence. The list is not exhaustive but aims to be a quick and user-friendly resource for readers to access the latest developments.**

## National Prescribing Centre launches new web resource

The National Prescribing Centre (NPC) launched a new website in September 2007. The aim of the site is to provide small amounts of the best evidence and information on prescribing, therapeutics and medicines management issues.

Resources will include case studies, e-Learning workshops, quizzes, implementation and impact assessment tools, all contained within a dynamic and engaging structure. Visit the site to find out more: [www.npci.org.uk](http://www.npci.org.uk)

## NICE issues draft guideline on benign prostatic hyperplasia

NICE has issued a draft consultation document for a future clinical practice guideline on benign prostatic hyperplasia. The scope defines what aspects of care the guideline will cover and to whom it will apply. The consultation runs from 4 September–1 October, 2007. For guidance on registered stakeholders and to view the guidance visit: <http://www.nice.org.uk/page.aspx?o=451990>

## Guidance on the management of urinary tract infections in children

In August 2007 the National Institute for Health and Clinical Excellence (NICE) published new clinical guidance on how to provide consistent, evidenced-based and cost-effective practice for the diagnosis, treatment and further management of urinary tract infection in children.

The guideline specifically looks at best practice advice on the care of

infants, children and young people aged under 16 years of age. To view the guidance, entitled *Urinary Tract Infection: diagnosis, treatment and long-term management of urinary tract infection in children*, visit: <http://guidance.nice.org.uk/CG54>

The *British Medical Journal* has also published an article summarising the guidance on their website at: <http://www.bmj.com/cgi/content/extract/335/7616/395>

### Reference

NICE (2007) *Urinary Tract Infection in Children: diagnosis, treatment and long-term management*. NICE, London

## Revised proposals for provision of stoma and incontinence appliances

This consultation is part of the Department of Health's ongoing review of the arrangements under Part IX of the Drug Tariff for the provision of stoma and incontinence appliances and related services to primary care.

The Department of Health previously consulted on proposals regarding these arrangements in November 2006, with a related consultation on terms of service having been published in March 2007.

In light of responses to those consultations, the Department of Health has revised its proposals and now seeks continence healthcare professionals' views on them. The revised proposals are summarised in the main consultation document and the annexes.

### Reference

Department of Health (2007) *Arrangements Under Part IX of the Drug Tariff for the Provision of Stoma and Incontinence Appliances – and Related Services – to Primary Care. Revised Proposals: Consultation Document*. Available at: [http://www.dh.gov.uk/en/Consultations/Liveconsultations/DH\\_078135](http://www.dh.gov.uk/en/Consultations/Liveconsultations/DH_078135) (accessed 3/10/07)

## Electrical stimulation for faecal incontinence in adults

This Cochrane Review looked to determine the effects of electrical stimulation for the treatment of faecal incontinence in adults.

Two reviewers assessed the quality of any eligible trials and the independently extracted data from those trials. A wide range of outcome measures were considered and the authors summarised their findings as follows: 'Faecal incontinence (inability to control bowel movements or leaking stool from the anus) can be a very embarrassing and socially restricting problem. There are many possible causes, including childbirth damage to the muscles which control bowel movements. Direct electrical stimulation of these muscles has been used to try to help people with faecal incontinence. The review found that there is not enough evidence from trials to judge whether electrical stimulation is helpful. Exercises and electrical stimulation used in the anus may be more helpful than vaginal exercises for women with faecal incontinence after childbirth.'

### Reference

Hosker G, Cody JD, Norton CC (2007) Electrical stimulation for faecal incontinence in adults. Available at: <http://mrw.interscience.wiley.com/cochrane/clsysrev/articles/CD001310/frame.html> (accessed 3/10/07)

## Fresh look at pelvic floor techniques

A new book has been written by professor Grace Dorey, which offers a light-hearted approach to the taboo subject of helping women to view their pelvic floor differently. The book is humorously illustrated with cartoons and guides the reader through pelvic floor problems and how to perform pelvic floor exercises effectively.

### Reference

Dorey G (2007) *Love Your Gusset: Making Friends with your Pelvic Floor*. Available at: <http://www.yourpelvicfloor.co.uk> (accessed 2/10/07)